

Cumbria County Council

Chat Play Share

Rhymes and songs



Five fat peas rhyme

Five fat peas in a pea pod pressed,

One grew, two grew, so did all the rest.

They grew and grew and did not stop,

Until one day, the pod went POP!



Rhyme with actions

Five fat peas in a pea pod pressed (*hold hand in a fist*)

One grew, two grew, so did all the rest (*put thumb and fingers up one by one*)

They grew and grew and did not stop (*raise hand in the air very slowly*)

Until one day, the pod went POP! (*clap hands together*)

Younger children

Say the rhyme and model the actions. See if your baby watches what you are doing. Older children may start to join in with the actions and gradually some words. Encourage them to say 'pop' at the end. Can they say 'pop' quietly.... then loudly?

Older children

Enjoy sharing the rhyme together. In a change to the actions, your child could crouch down then make themselves grow taller and taller before jumping up in the air when you say 'pop'. Vary the length of time before you say 'pop' so they have to listen carefully and see if they can respond quickly when they hear it. Have fun exploring different sounds you can make with your voice instead of 'pop' or with your body parts. Can your child copy the sounds you make?

Chat Play Share...Other ideas you could try....

Share a story together about planting/growing and chat about the pictures and story. Examples of stories:

Jasper's beanstalk by Nick Butterworth

Sam plants a sunflower by Kate Petty

Oliver's vegetables by Vivian French

The tiny seed by Eric Carle

Some children may prefer to look with you at an information book or online to find out where the vegetables we eat come from and how they are grown.

Planting peas

Talk about the lifecycle of a seed and about what is needed to make them grow (soil, light, water). Have a go at planting some peas together (or beans, sunflowers etc.) Cheap dried marrowfat peas often grow just as well as those from a seed packet! Look after the peas together and introduce new words such as seed, sprout, shoot, seedling, pod. Hopefully eventually you will get to eat your peas together!



Sound games

- Young children often enjoy playing with bubbles. Encourage your child to say 'pop, pop' as they jump around catching/popping bubbles.
- Older children start to hear the different sounds within words. Say 'pop' then sound it out slowly 'p-o-p' and see if your child can tell you which sounds, they can hear. Have a go at sounding out other simple words together e.g. 'dog, cat, hat, bed'.
- Talk to your child about the initial/first sound in words, for example, 'p' in 'pop'. Hunt round the house together to see if you can find items starting with 'p'. To start with you will probably need to keep saying the word clearly to help your child to listen for the initial sound. Can you find a pen, a peg, a pan....?